



Play, Learn and Grow together

“NET VIR MEISIES – JUST FOR GIRLS” WORKSHOP ON SEX AND WOMEN’S HEALTH

FOR IMMEDIATE RELEASE

BARRYDALE – May 2023

Non-profit Net vir Pret, in collaboration with ACVV held the second workshop “Net Vir Meisies – Just for Girls” workshop in the town to educate young girls on sex and women’s health.

With an upsurge of teenage pregnancies in the area, the group of organisations have collaborated to deliver the workshops, with 18 young ladies attending and one mother supporting her daughter.

The workshop opened with yoga and breathwork, which many of the teenagers are familiar with after participating in NPO Net Vir Pret’s initiatives over the past few years.

Resident social worker Anneline Zulch also gave a presentation to the girls, who were receptive and asked many questions. Anneline also presented a segment on sexually transmitted diseases, prevention, pregnancy and women’s health.

Donna Europa-Kouter, programme coordinator and teacher at Net Vir Pret, presented the segment on women’s health.

The half day workshop culminated in a shared lunch made by the ACVV Board members and a labyrinth walk facilitated by Terry De Vries which was embraced by all. The girls left with a goody bag packed full by the board members. To sign up for our next quarterly workshop, please contact Elizabeth Beer.

ABOUT THE ORGANISERS

Net vir Pret works with children and youth from deprived communities in the Overberg (Barrydale/Swellendam Municipal Area), including those on the farms.

We encourage self-esteem, self-development, confidence, and a sense of responsibility among these children by providing activities which help to break the cycle of poverty, domestic violence and alcoholism/drug misuse within the family and community.

We believe that every child has a right to a happy developmental childhood.

By offering after-school, weekend and vacation activities, we aim to keep our children and youth off the street and out of danger and also to offer opportunities for them to develop individual skills and talents and to help them prepare for life after school.

The ACVV is one of only a few designated child protection organisations (DCPO) in South Africa. In terms of the Children's Act it means that the ACVV may render the full scope of child protection services, i.e. from prevention programs to statutory intervention.

The ACVV offices in Barrydale support 6 schools in their surrounding areas, rendering full social services to children and youth.

These offices function primarily on donations and support.

For further information, please contact : Elizabeth Beer on : 0765133050